

MARCH NEWSLETTER

Issue 3 2025



Dear Members,

In this month's newsletter, we bring you:

- ECH meeting: 10-11 May
- LMHI Congress: 14-17 May
- Alert about Amsterdam traffic chaos throughout 2025
- Tribute to Dr Darina Štúrová, 1950-2025
- Tuscany allocates €1.8m for homeopathy, acupuncture and phytotherapy
- Homeopathic Literature Review – *Medicine is the Science of Uncertainties but also the Art of Probabilities*
- *Omeopatia33* – HU Trial in Calcutta
- William Suerinck – *The Test of Time is the Best Judge of Knowledge*
- Dates for Your Diary

Best wishes

ECH Communications Team



ECH MEETING – UTRECHT

10 – 11 May 2025

There's still time to register for what promises to be an action-packed couple of days in the lovely city of Utrecht, staying once again in the very comfortable Hotel Mitland. Do join us and enjoy this opportunity to connect and collaborate, and to advance the integration of homeopathy into European healthcare. There will be important presentations, subcommittee and working group meetings, the General Assembly and, of course, good company and an opportunity to catch up with new and old friends in peaceful surroundings.

Why not take advantage of the ECH meeting having been arranged to immediately precede LMHI's Congress in the same city? Come to both and have a doubly good time?

Register now – <https://na.eventscloud.com/ereg/newreg.php?eventid=823202&>

PROGRAMME

Saturday 10 May

12:00 – 14:00 Registration

13:00 – 14:00 Lunch

14:00 – 18:00 Subcommittees

19:00 Dinner – plus musical entertainment!

Sunday 11 May

09:30 – 11:00 GA: ECH Focus Plan, 2025-26 Budget, Election of Council Members

11:00 – 11:30 Coffee

11:30 – 12:30 Frans Kusse: *Academy of Integrative Medicine, The Netherlands*

12:30 – 13:00 Gena Stoykova: *Next Generation*

13:00 – 14:30 Lunch

14:30 – 15:30 Roel van Wijk: *Photons, the human light body and its meaning for the similia principle*

15:30 – 16:00 Coffee

16:00 – 18:00 Working Groups

Monday, 12 May

10:00 – 11:30 Council meeting

We look forward to seeing you in Utrecht.



Immediately after our ECH meeting, the LMHI Congress will take place from 14-17 May, at the Jaarbeurs Beatrix complex, next to Utrecht Central Station. This is LMHI's 100th year anniversary and we look forward to helping them to celebrate.

Details and registration here – <https://www.lmhi2025.org>



For both the above meetings –

Please note that Amsterdam traffic will be heavily disrupted for most of 2025 due to large-scale maintenance work. This is having a significant impact on travel times, including for trains. If your route includes Amsterdam, you will need to allow extra time for your journey.



**TRIBUTE TO
DR DARINA ŠTÚROVA
1950-2025**



It is with deep sadness that we announce that on February 5, 2025, after a short and serious illness, our colleague MUDr Darina Štúrová left us. MUDr Štúrová was born on December 21, 1950 in Žilina. She graduated from the Faculty of Medicine of Charles University in Prague and was a certified psychiatrist, child psychiatrist, psychoanalyst and homeopath. Darina was a founding member of the Slovak Homeopathic Society, its President and a long-time member of the Committee. She actively participated in homeopathic events at home and in Europe. and represented SLHS at ECH meetings where she was also a member of the Provings Subcommittee. She was a long-time lecturer in classical homeopathy and was dedicated to homeopathic practice from its introduction in the Slovak Republic in 1991 until December 2024.

We honour her memory.

Dr Pavol Tibenský, on behalf of the SLHS Committee

TUSCANY LEADS THE WAY

€1.8m for acupuncture, phytotherapy and homeopathy

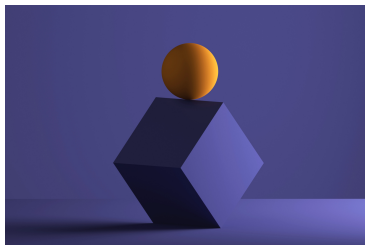


Tuscany's Regional Council has given the go-ahead for the continuation of the integration process that began in the 1990s, which aims to bring together conventional and complementary medicine, in particular acupuncture, phytotherapy and homeopathy.

EUR 600,000 per year has been allocated for the next three years with which to finance the activity programme of the reference structures for each branch, also setting their objectives. The areas of activity are varied – from oncology and pain management to the promotion of physiological childbirth in low-risk pregnancies and from gender medicine to the prevention and treatment of recurrent upper respiratory tract infections.

Complementary medicine in Tuscany has been progressively included among the activities of the regional health authorities, on the basis of appropriateness, quality and safety. 77 public outpatient clinics, which annually provide about 37,000 services, and four referral facilities have been established.

<https://www.toscanamedianews.it/toscana-medicina-complementare-la-regione-stanzia-18-milioni-di-euro.htm>



MEDICINE IS THE SCIENCE OF UNCERTAINTIES BUT ALSO THE ART OF PROBABILITIES

William Osler

Therapeutic Applications for Homeopathy in Clinical Practice

Nicoleta Maricica Maftei, Alexandru Nechifor, Brandon Tan, Alina Mihaela Elisei, Ana Maria Pelin, Luiza Nechita, Alin Laurentiu Tatu, Liang Joo Leow, Lawrence Chukwudi Nwabudike
Advances in Therapy (2025) 42:36–51

<https://doi.org/10.1007/s12325-024-03022-5>

The authors, who are not homeopathic specialists, conducted this literature review to ascertain –

- What is the current knowledge on the use of homeopathy in clinical practice?
- Has the use of homeopathy achieved beneficial results in patients being treated for specific clinical entities?

While homeopathy is among the most frequently applied forms of alternative medicine, there is a lack of familiarity with this therapeutic modality within everyday medical practice. This

review examines some of the available evidence in relation to the impact of homeopathy on a variety of common chronic diseases.

Homeopathy was found to have the potential for symptom improvement in certain diagnoses within the fields of internal medicine, oncology, obstetrics and mental health. Although there is a paucity of studies on homeopathy within the context of standard clinical practice, an opportunity exists for further research into its application by utilising conventional study designs.

They concluded: The current evidence supports a positive role for homeopathy in health and wellbeing across a broad range of different diseases in both adult and paediatric populations. However further research to assess its cost-effectiveness and clinical efficacy in larger studies is required. These findings may encourage healthcare providers and policymakers to consider the integration of homeopathic therapies into current medical practice, to provide a greater sense of patient autonomy and improve the consumer experience.

Medicine is dynamic and continues to evolve. Conventional medicine, while backed by the largest body of evidence thus far to support its safety and efficacy, still has its limitations in terms of side effects and subsequent effects on quality of life. This analysis calls for more in-depth assessment of the current research on homeopathy across a larger range of diseases.

Read the review in full here – <https://doi.org/10.1007/s12325-024-03022-5>



OMEOPATIA 33

HU Trial in Calcutta



Hyperuricemia and homeopathy, a double-blind RCT study

by Maria Concetta Giuliano

Omeopatia33, 12 July 2024

This is an interesting double-blind, randomised, placebo-controlled study conducted on 60 patients with hyperuricemia (HU) by Indian researchers, Priyanka Ghosh et al., at the Homoeopathic Medical College and Hospital in Calcutta. HU is a disorder of purine metabolism, resulting in excess production/failure to excrete, leading to increased serum uric acid (SUA); excess SUA can form crystals in the blood and produce the manifestations of gout, falling under the old classification of Bouchard's arthritic diathesis (uric acid diathesis). HU also shows a close association with cardiovascular and renal diseases, diabetes mellitus and obesity and has been ranked thirteenth among the 21 disorders contributing to the global burden of disease. Hypo-uricemic therapies, such as allopurinol, probenecid and febuxostat, represent the main treatment despite having some toxicities and limitations.

The AA accurately reported the bibliography on HU and publications on alternative therapies in HU-related arthritic diseases with very good results, but unfortunately of poor scientific quality, and this gave them the input to start a double-blind RCT with placebo in two parallel arms, lasting 18 months (mid-October 2019 to mid-April 2021), with a protocol approved by the Institutional Ethics Committee (IEC). Each patient received either individualised homeopathic IHM or placebo with identical appearance, together with advice on dietary modifications independent of codes. The serum uric acid level (SUA) was the primary

outcome measure; the HU Quality of Life Questionnaire (HUQLQ) and the Measure Yourself Medical Outcome Profile version 2 (MYMOP-2) were the secondary outcomes; all were measured at baseline and every month up to 3 months. Group differences were examined by two-way repeated measures analysis of variance (split down the middle) after adjustment for baseline differences.

Results reported statistically significant favourable responses with IHM compared to placebo, both in reducing SUA levels and improving quality of life in HU patients, with medium to large effect sizes after three months of intervention. The most frequently prescribed drugs were *Calcarea carbonica* and *Pulsatilla* and no serious adverse events were reported in either group.

Homeopathy, 2023, 112, (2), 85

Translated with www.DeepL.com/Translator



**THE TEST OF TIME
IS THE BEST JUDGE OF KNOWLEDGE
Albert Einstein**

We reproduce in full below the opening speech by Dr William Suerinck for the Paris Congress of the INHF, 24 January 2025. Dr Suerinck is the person behind the excellent film: *Homeopathy another way*. Of all the homeopathy films out there, this is by far the best and well-worth watching – https://www.youtube.com/watch?v=Yw_Yd76WDvM

"It is with great honour and immense joy that the INHF team and I welcome you today to this congress dedicated to a theme that deeply affects us all: *Homeopathy in the test of time*. We are gathered here, not only to share our knowledge and practices, but also to celebrate a therapeutic art that, over the centuries, has continued to endure the trials of history, remaining faithful to its principles while adapting as much as possible to developments in the medical and scientific world.

"Born at the end of the 18th century thanks to the bold vision of Dr Samuel Hahnemann, homeopathy has experienced a tumultuous development, made of successes, doubts, challenges, misunderstandings and violent attacks. However, despite the periods of questioning, it has managed to maintain itself against all odds, strengthen itself and anchor itself in medical practice in a significant way in many countries.

"In 1835, when members of the Academy of Medicine came to ask him to ban homeopathy, Guizot replied: *Hahnemann is a great scholar; if homeopathy is a chimera or a worthless system, it will fall by itself. If, on the contrary, it is progress, it will spread regardless of our efforts of preservation and the Academy of Medicine, whose mission it is to encourage scientific discovery, must uphold this.*

"Today, after more than two centuries, it continues to enjoy growing interest on a global scale, particularly in India and South America. In a world increasingly focused on the search for alternative solutions to conventional medical models, homeopathy appears as a response

that respects the natural mechanisms of the human body and the environment, without side effects linked to direct toxicity.

"We are keen to recall the importance of the human dimension of our practice. Homeopathy, as we know, is not limited to the simple administration of diluted medicines. It is a global approach to the individual, a way of taking into account the body, mind and emotions, to offer each patient a personalised response, beyond isolated symptoms. This holistic vision, based on the therapeutic relationship and respect for the singularity of each human being, is undoubtedly one of the pillars that allows it to cross the ages.

"At a time when conventional medicine claims to seek to reconcile technological progress and a more human approach to health, homeopathy finds itself at a crossroads. It is constantly reinventing itself, enriching itself with recent discoveries while remaining faithful to its essence. It is this capacity for evolution, adaptation and preservation of its fundamental principles that we celebrate today.

"True to the spirit of rigour and openness of the INHF, it is through the many fascinating clinical cases that will be presented to you this weekend that we will be able to testify to the sustainability of the Hahnemannian doctrine, enriched by the different schools of thought of its heirs.

"I therefore invite you to actively participate in this 29th congress, to enrich our discussions with your experiences, your research and your questions. It is together, in the respect of our differences and in the common quest for a medicine that is ever more human, more respectful of the living, more effective, that we will be able to offer homeopathy the perspective and the future that it deserves.

"Thank you to each of you for your presence and your commitment, thank you to the INHF team and those who have particularly invested in the organization. I wish this congress fruitful exchanges, deep reflections and enriching moments of sharing without forgetting the conviviality to which we are particularly attached, and which should find its full expression during the little evening that we have concocted for you.

"May homeopathy continue to shine, in the face of time, as a beacon of innovation and compassion in the world of health.

"Finally, I would like to end this short introduction with two quotations, firstly from Albert Einstein:

The test of time is the best judge of knowledge.

Indeed, faced with the challenges of time, what persists and resists is truly worthy of trust and consideration.

Then Frederic Nietzsche:

Time reveals everything: you just have to be patient.

"So let us be patient, but let us be actively patient while continuing to resist the test of time together through the transmission and adaptation of knowledge and practices over the generations without forgetting research."

DATES FOR YOUR DIARY



ÖGVH-Diplomlehrgang für Veterinärhomöopathie

15 March, The Park Hotel, Baden bei Wien

Next course for vets and students

Duration: 2.5 years – 13 weekends



FIAMO XXI NATIONAL CONFERENCE

28-30 March, Palazzo dei Congressi, Orvieto

Details and Registration: <https://www.fiamo.it/xxi-congresso-nazionale-fiamo-2025/>



ECH GENERAL ASSEMBLY & MEETING (see details in main Newsletter above)

10-12 May, Hotel Mitland, Utrecht

Register here: <https://na.eventscloud.com/ereg/newreg.php?eventid=823202&>



LMHI Congress: Joy of Homeopathy

14-17 May, Jaarbeurs Beatrix complex, Utrecht

Details and registration: <https://www.lmhi2025.org>



HRI GREECE 2025

20-22 June, 2025, Makedonia Palace Hotel, Thessaloniki

Discount for ECH members – PCode: HRI2025ECH

Full programme – <https://www.hrigreece2025.org/schedule/>

Registration – <https://www.hrigreece2025.org/register/>



ICNM 9th Integrative & Naturopathic Medicine World Congress: the Future of Medicine

4-6 July 2025 Paris

<https://www.consortiumcongress.org/#>



RO-INMED 2025 9th Congress of Integrative Medicine:

Integrative Medicine in the Diagnosis, Prophylaxis and Treatment of Neurodegenerate Diseases

13-16 November, Eden Grand Resort Hotel, Predeal, Romania

See poster at end of Newsletter



If you would like to submit an item to be considered for inclusion in the April issue, please send it to the editor at documentation@homeopathyeurope.org by 20 March.



Romanian Society of Medical Acupuncture and Integrative Medicine (SRAMMI)
in collaboration with the National Institute of Complementary and Alternative Medicine "Prof. Dr. Florin Bratila" (INMCA), the Romanian Society of Homeopathy (SRH) and the Romanian Society of Apitherapy, Phytotherapy and Aromatherapy (SRAFA) invite you to participate in

RO-INMED 2025

THE 9th NATIONAL CONGRESS WITH INTERNATIONAL PARTICIPATION OF INTEGRATIVE MEDICINE

which will take place between November 13-16, 2025,
in Predeal (mountain resort), County of Brasov, Romania
at the Eden Garden Resort Hotel (<https://edengrandresort.ro/en/>),
with the theme:



INTEGRATIVE MEDICINE IN THE DIAGNOSIS, PROPHYLAXIS AND TREATMENT OF NEURODEGENERATE DISEASES

The congress will take place in three simultaneous sessions:

1. Acupuncture and Traditional Far Eastern Medicine and TCM;
2. Homeopathy, Apitherapy, Phytotherapy, Ayurveda and Nutritional Supplements;
3. Info-Energetic Medicine.

Congress participation fee is 500 lei.

Accommodation "all inclusive" at Hotel Eden Garden Resort Predeal/night: 500 lei, in a double room and 625 lei in a single room. Lunch for participants without accommodation: 100 lei/meal.

The congress participation fee after August 15, 2025 is 600 lei

Attention: the number of works presented in the congress is limited. The works will be included in the program depending on the date of request and payment of the participation fee.

Deadline abstract: May 28, 2025

Participation fees for RO-INMED 2025

will be paid into the SRAMMI account opened at BCR Unirii,

current account: As. Soc. Ro. de Acupunctura,

IBAN: RO19 RNCB 0082 0441 6837 0001,

BIC/ SWIFT: RNCBROBU

with the mention: Fee for RO-INMED 2025

(It should be also mentioned: participation, participation + accommodation all inclusive November 13-15, 2025, simple meal)

Information/ Registration

Dr. Corneliu Moldovan, SRAMMI President, Congress President: E-mail: cornelmoldvn@yahoo.com

Adriana Francisca Constantinescu, SRAMMI Secretary,

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Institutul National pentru Medicina
Complementara si Alternativa "Prof. Dr. Florin
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