

AUGUST NEWSLETTER

Issue 8, 2024



Dear Members,

In this month's newsletter, we bring you:

- an invitation to join ECH Council
- summary of work of ECH Documentation Subcommittee
- an exciting development for homeopathy in UAE
- OMEOPATIA33 – *Hyperuricemia and homeopathy, a double-blind RCT study*
- a new German e-book on epidemic prevention and treatment
- and important dates for your diaries

Best wishes,
ECH PR & Communications Group



JOIN THE TEAM

CALL FOR CANDIDATES FOR ECH COUNCIL

Be part of this dynamic and creative team!



The exciting new Working Groups in Agrohomoepathy and Next Generation have attracted more people to come to meetings and work together to develop ECH further. However, a larger group also means more people are needed to help with the work. Are you willing to do something for ECH? Do you have ideas about how homeopathy in Europe could move forward? Do you have special skills, expertise or energy that you are able to share with ECH?

Members of Council are elected by the General Assembly for a period of 4 years, which is renewable. All ECH members can be nominated to become Council members. Some members have come to the end of their terms of office but are eligible for re-election.

Thanks to those who have already stepped forward to take on a role in ECH. We are still looking for –

- Coordinators for SCs Politics and Provings – to allow Jean Pierre Jansen and Natalia Tzima more time for their roles as President and Vice-President respectively
- Treasurer – must have some financial skills and competence; works closely with our professional Financial Adviser
- Membership Secretary – works with the Secretariat to keep membership records updated and to oversee fee payments
- And, of course, anyone who can offer useful skills and some of their time is warmly invited to apply.

Please consider seriously whether you have skills and expertise to offer ECH. The elections will take place at the online General Assembly on 16 November 2024. There are six Council meetings per year and these are held on Zoom, apart from once a year when we have our ECH Spring or Autumn meeting. Feel free to contact a Council member for further information.

Applications should include a brief letter explaining why you would like to join the Council, a short CV and, if appropriate, a letter from the President of your Association, endorsing your candidacy. **The deadline for applications is 15 September 2024** and they should be sent to – generalsecretary@homeopathyeurope.org

Join an amazing team and dare to have your say about homeopathy in Europe!



AND, IN THE MEANTIME . . .

We are often asked what ECH does, so would like to take the opportunity through our newsletter to introduce the different Subcommittees and Working Groups. We begin, in alphabetical order, with a summary of the work of the **Documentation Subcommittee**.

Jacques Imberechts, the founding father of ECH, recognised the value of this work and was one of the first members of the Documentation Subcommittee. Currently, Daniela Hacke, from Germany, and Margaret Wyllie, from the UK, share the co-ordinator's role. The members come from a wide variety of backgrounds and, as well as archivists, documentalists and librarians, they also include a retired vet, a patient, a researcher, and two professional homeopathic practitioners. They are all passionate about preserving and maintaining the vast worldwide collection of homeopathic texts and supporting public access to this wonderful treasure store.

The following are the subjects covered by the Subcommittee and regularly reviewed and updated by them:

Current Journals – details of professional and patient homeopathy and CAM journals.

The Subcommittee is investigating a different format to make this easier to maintain in the future.

[https://homeopathyeuropa.org/downloads/docs/Journals%20for%20ECH%20website_Lay out_2024-02-26_incl_veterinary_medicine.pdf](https://homeopathyeuropa.org/downloads/docs/Journals%20for%20ECH%20website_Lay_out_2024-02-26_incl_veterinary_medicine.pdf)

Literature Searching – helps you to conduct a literature search in homeopathy and CAM

Currently being updated; includes helpful links to PubMed and Cochrane.

<https://homeopathyeuropa.org/about/subcommittees/documentation-subcommittee/literature-searching/>

Dissertations and Theses – details by author, year, title etc, covering homeopathy

We are currently investigating a different format in order to make searching easier.

https://homeopathyeuropa.org/wp-content/uploads/2019/10/Neuer_Bericht_DISS_Tabellarisch.pdf

Thesaurus – a major piece of work available in English, French, German and Italian.

<https://homeopathyeuropa.org/about/subcommittees/documentation-subcommittee/thesaurus/>

Guide to Documentation Resources – a guide to libraries and documentation centres around the world which hold homeopathy texts.

<https://homeopathyeuropa.org/media/publications/documentation-resources/>

ECH Link List – an easily searchable list of links to everything concerning homeopathy and CAM. Check out your specialism or country and let us know of any we've missed.

<https://homeopathyeuropa.org/linklist/>

In addition, the Subcommittee is responsible for the annual collation of ECH documents, eg General Assembly, Council and Subcommittee Minutes, changes to Statutes or Bylaws, etc and for sending these to the Robert Bosch Foundation, which keeps the ECH archive.

If this is something that interests you and you'd like to join this group, please contact Daniela or Margaret –

<https://homeopathyeuropa.org/about/subcommittees/documentation-subcommittee/>

We generally meet twice a year, once in person at the ECH Spring Meeting and again for an online meeting in the autumn on a date that suits all the Subcommittee members.

EXCITING DEVELOPMENT IN UAE

**AI and homeopathy's synergy in the UAE
is helping to transform healthcare**



Technology and holistic medicine blend to enhance health outcomes, conserve resources
Published: *Gulf News*, April 17, 2024 11:18 by Dr Mhapolin Paul D'Souza

Homeopathy, which aims to maintain the equilibrium of physical and mental health, aligns with the UAE's vision for sustainable health through AI. The integration of AI and homeopathy holds promise for addressing global health challenges while fostering environmental stewardship through the perfect balance of natural organic medicine and AI tools. This evidence-based approach strengthens homeopathy by ensuring treatments align with scientific principles.

The integration of AI and homeopathy has the potential to revolutionise healthcare, save the planet, and advance research and development in medicine, paving the way for a healthier and more sustainable future.

Read the complete article here – <https://gulfnews.com/gn-focus/ai-and-homeopathys-synergy-in-the-uae-is-helping-transform-healthcare-1.1713338887009>



OMEOPATIA33

Hyperuricemia and homeopathy, a double-blind RCT study

by Maria Concetta Giuliano

From *Homeopathy33*, 12 July 2024

This is an interesting double-blind, randomised, placebo-controlled study conducted by Indian researchers Priyanka Ghosh et al. on 60 patients suffering from hyperuricemia (HU), in the outpatient clinic of the Homoeopathic Medical College and Hospital in Calcutta. HU is a disorder of purine metabolism, resulting in excess production and/or failure to excrete, leading to increased serum uric acid (SUA); excess SUA can form crystals in the blood and produce the manifestations of gout, falling under the old classification of Bouchard's arthritic diathesis (uric acid diathesis). HU also shows a close association with cardiovascular and renal diseases, diabetes mellitus and obesity and has been ranked 13th among the 21 disorders contributing to the global burden of disease. Hypo-uricemic therapies, such as allopurinol, probenecid and febuxostat, represent the main treatment despite having some toxicities and limitations.

The AA accurately reported the bibliography on HU and publications on alternative therapies in HU-related arthritic diseases, with excellent results but unfortunately poor scientific quality. This gave them the input to start a double-blind RCT with placebo in two parallel arms, lasting 18 months (mid-October 2019 to mid-April 2021), with a protocol approved by the Institutional Ethics Committee (IEC). Each patient received individualised homeopathic IHM or placebo drugs identical in appearance, together with advice on dietary modifications independently of codes. The serum uric acid level (SUA) was the primary outcome measure; the HU Quality of Life Questionnaire (HUQLQ) and the Measure Yourself Medical Outcome Profile version 2 (MYMOP-2) were the secondary outcomes; all were measured at baseline and every month up to 3 months. Group differences were examined by two-way repeated measures analysis of variance (split down the middle) after adjustment for baseline differences.

Results reported statistically significant favourable responses with IHM compared to placebo, both in reducing SUA levels and improving quality of life in HU patients, with medium to large effect sizes after three months of intervention. The most frequently prescribed drugs were Calcarea carbonica and Pulsatilla and no serious adverse events were reported in either group.

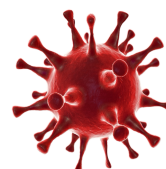
Homeopathy, 2023, 112, (2), 85

Translated with www.DeepL.com/Translator (free version)



PRÄVENTION UND THERAPIE VIRALER EPIDEMIE

**Immunsystem stärken mit der evidenzbasierten
Integrativ Medizin**



This new e-book in German on the prevention and treatment of viral epidemics is now available online.

Its focus is on strengthening the immune system with evidence-based integrative medicine and covers the following topics:

- Conventional and complementary therapy concepts for epidemic diseases
- Measures for prevention, acute phase and convalescence
- Holistic therapy spectrum with regard to clinical experience and scientific evidence

It includes a chapter on:

Treatment options of homeopathic medicine for epi- and pandemic viral diseases

by Bernhard Zauner, Erfried Pichler, Michael Frass, Michael Takacs, Christoph Abermann, Petra Weiermayer

More information available here –

<https://link.springer.com/book/10.1007/978-3-662-67508-3>



On 28 – 29 June, the 6th annual Congress of the International Homeopathic Society of Supportive Care in Oncology (Shisso) took place in Strasbourg

As in previous years, healthcare professionals from different backgrounds teamed up to share knowledge and experience with oncologists, seeking to cooperate in order to improve the integrative homeopathic approach in oncology.

There was a packed programme of high-profile speakers always keen to exchange and compare their findings with the audience. This sharing is the core of Congress work.

This year's speakers provided insights in the fields of palliative care, gynaecological cancer surgery, the latest targeted therapies for patients with breast cancer, and papillomavirus induced cancers.

In addition, two patients on their integrative journey through cancer treatment offered their moving testimonies, emphasising patient-centred care and humanity in medicine.

Save the date

Next year's Shisso Congress will take place on 2 – 3 May 2025 in Strasbourg and will be held alongside the 64th Spring Congress of the National Federation of Homeopathic Medical Societies of France (FNSMHF), organised by the Société Homéopathique de l'Est.

Keynote speakers will be: Profs Liubov Dolinina and Ilya Tiraspolskiy, Russia; Michael Frass, Austria; Fabrice Berna, France; Drs Elizabeth Thompson, UK; Michael Teut, Germany; Ingrid Theunissen, Belgium; Jan Schölten, The Netherlands; and the French Shisso Team – JC Karp, V Lavallée, F Roux, I Fischer, J Pecqueur, M Lilova and JL Bagot.



DATES FOR YOUR DIARY



LMHI 77th WORLD HOMEOPATHIC CONGRESS: United to Keep Moving Forward
2-5 October, Seville, Spain

Full details and registration here – <https://lmhi2024.org>

WISSHOM CONGRESS: *Passing on Experience – Promoting Young Talent*

ICE 24, 31 Oct – 2 Nov, Schloss Köthen (Anhalt)

Programme details and registration information here –

<https://www.wisshom.de/ice-24/>



GIRI & WWL & BION CONFERENCE 2024: *Science of Homeopathy and Emergent Properties of Water – Unveiling New Perspectives for Global Health*

9–12 November 2024, Ljubljana, Slovenia

<https://bion.si/en/giri-wwl-conference-2024>



ECH AUTUMN MEETING

Saturday 16 November 2024, online

General Assembly + ECH Academy Round Table on Ecology/Biodiversity/Homeopathy,
plus reports from Subcommittees and Working Groups

More details to follow



Faculty of
Homeopathy

FACULTY OF HOMEOPATHY 100TH CONGRESS: *Integrative Medicine for a Sustainable Future*

21-24 November, Edinburgh, Scotland

Full details and registration here – <https://www.facultyofhomeopathy.org/pages/Congress-2024>

Please note: Discount code for ECH members – ECHtake10



HOMEOPATHY
RESEARCH INSTITUTE

HRI GREECE 2025

20-22 June, 2025, Makedonia Palace Hotel, Thessaloniki

Call for abstracts to be launched in September (submission deadline: **9 December 2024**)

More details to follow shortly.



If you would like to submit an item to be considered for inclusion in the September issue, please send it to the editor at documentation@homeopathyeurope.org by 20 August.