



## ANNEX

### References of included RCTs

#### 1) *Insomnia*

Outcome	N RCT	Based on studies
Insomnia	4	Carlini et al. 1987 (1)
		Cialdella et al. 2001 (2)
		Wolf 1992 (3)
		Kolia-Adam et al. 2008 (4)
	1	Naudé 2010 (5)

#### 2) *LOW BACK PAIN*

Outcome	N RCT	Based on studies
Low back pain	1	Stam et al 2001 (6)

#### 3) *Induction of labour*

Outcome	N RCT	Based on studies
Induction of labour	2	Beer 1999 (7)
		Dorfman 1987 (8)

#### 4) *Chronic fatigue syndrome*

Outcome	N RCT	Based on studies
Chronic fatigue	2	Awdry 1996 (9)
		Weatherley-Jones 2004 (10)

#### 5) *Chronic asthma*

Outcome	N RCT	Based on studies
Asthma	1	White et al.(2003) (11)
Allergic asthma	5	Matusiewicz 1995 (12)
		Matusiewicz et al. (1999) (13)
		Lewith et al 2002 (14)
		Reilly 1994 (15)
		Freitas 1995 (16)

#### 6) *Enuresis*

Outcome	N RCT	Based on studies
Enuresis	0	

#### 7) *Depression*

Outcome	N RCT	Based on studies
depression	1	Heulluy 1985 (17)
	1	Katz et al. 2005 (18)



### 8) Anxiety

Outcome	N RCT	Based on studies
Anxiety in children	1	Alibeu and Jobert 1990 (19)
Anxiety in adults	7	Baker 2003 (20)
		Bonne 2003 (21)
		Heulluy 1985 (17)
		McCutcheon 1996 (22)
		Stanton 1981 (23)
		Thompson 2005 (24)
		Hariveau 1995 (25)

### 9) Cancer related symptoms

Outcome	N RCT	Based on studies
adverse effects of radiotherapy/ radiodermatitis	1	Kulkarni 1988 (26)
	1	Balzarini 2000 (27)
	1	Pommier 2004 (28)
adverse effects of chemotherapy/ protect venous function	1	Bourgeois 1984 (29)
adverse effects of chemotherapy/ stomatitis	1	Oberbaum 2001 (30)
adverse effects of chemotherapy/ antiemesis	1	Daub 2005 (31)
menopausal symptoms	1	Jacobs 2005 (32)
	1	Thompson 2005 (24)

### 10) Childhood ailments

Outcome	N RCT	Based on studies
Adenoid vegetation	2	Feuchter et al. 2001 (33)
		Furuta et al. 2003 (34)
ADHD	3	Strauss et al. 2000 (35)
		Jacobs et al. 2005 (36)
		Frei et al. 2005 (37)
	1	Lamont et al. 1997 (38)
asthma	2	Freitas et al. 1995 (16)
		White et al. 2003 (11)
otitis		Jacobs 2001 (39)
conjunctivitis	1	Mokkapatti. 1992 (40)
diarrhoea	3	Jacobs. et al. 1993 (41)
		Jacobs 1994 (42)
		Jacobs 2000 (43)
Post-operative agitation	1	Alibeu 1990 (19)
URTI (Upper Respiratory Tract Infection)	2	De Lange et al. 1994 (44)
		Steinsbekk et al. 2005 (45)
Warts	1	Kainz et al. 1996 (46)

### 11) Fibromyalgia

Outcome	N RCT	Based on studies
Fibromyalgia	1	Fischer et al. 1989 (47)
	1	Fischer et al. 1986 (48)
	1	Bell et al. 2004 (49, 50)
	1	Relton et al. 2009 (51)



### 12) HIV

Outcome	N RCT	Based on studies
CD4 Body fat	1	Struwe et al. 1993 (52)
symptom distress	1	Rastogi et al., 1999 (53)
CD4 counts QoL	1	Brewitt et al., 2002 (54)

### 13) Chronic venous insufficiency

Outcome	N RCT	Based on studies
venous filling time, leg volume and subjective symptoms	1	Ernst et al. 1990 (55)

### 14) Premenstrual syndrome

Outcome	N RCT	Based on studies
Premenstrual syndrome	1	Chapman 1994 (56)
	1	Yakir et al. 2001 (57)

### 15) Allergic rhinitis

Outcome	N RCT	Based on studies
Allergic rhinitis	1	Aabel et al 2000 (58)
	1	Aabel et al 2000 (59)
	1	Aabel (2001) (60)
	1	Hardy (1984) (61)
	1	Lewith et al 2002 (14)
	1	Reilly et al 1986 (62)
	1	Taylor et al 2000 (63)
	1	Weiser et al 1999 (64)
	1	White et al 2003 (11)
	1	Kim et al 2005 (65)
	3	Wiesenauer and Gaus 1985 (66)
		Wiesenauer and Ludtke (1987) (67)
		Wiesenauer and Ludtke (1995) (68)

### 16) Upper respiratory tract infections (URTI)

Outcome	N RCT	Based on studies
Acute rhinitis	2	Gassinger et al. (1981) (69)
Acute rhinitis		Maiwald et al. (1988) (70)
Cough	1	Bordes and Dorfman (1986) (71)
Sinusitis	1	Wiesenauer et al. (1989) (72)
Chronic sinusitis	1	Weiser and Clasen (1994) (73)
Common cold and flu	1	Heilmann (1994) (74)
		Ferley 1989 (75)
		Papp 1998 (76)
Pharyngitis, tonsillitis	1	De Lange de Klerk (1999)* (77)
Acute otitis	1	Jacobs (2001)* (39)



media	1	Harrison 1999 (78)
Chemotherapy-associated stomatitis	1	Oberbaum et al. (2001)* (30)
Upper respiratory tract infections	3	Lecoq (1985) (79)
		Steinsbekk et al. (2005)* (80)
		Steinsbekk et al. (2005)* (45)
adenoid vegetations	1	Friese 2001 (81)

\*children

### 17) Allergic conditions

Outcome	N RCT	Based on studies
Allergic asthma	4	Campbell et al. (1990) (82)
		Reilly et al. (1994) (15)
		Matusiewicz 1995, 1996, 1997 (12) (83) (84)
		Lara-Marquez et al. (1997) (85)
		Riveron-Garrote et al. (1998) (86)

### 18) Vertigo

Outcome	N RCT	Based on studies
vertigo	2	Weiser 1998 (87)
		Issing 2004 (88)

### 19) Osteoarthritis

Outcome	N RCT	Based on studies
Knee pain	3	Shiple 1983 (89)
Hip or knee pain		Shealy 1998 (90)
		Van Haselen 2000 (91)
Osteoarthritis	1	Nahler 1998 (92)

### 20) Influenza like syndrome

Outcome	N RCT	Based on studies
Treatment of influenza like syndrome	4	Ferley 1989 (75)
		Papp 1998 (76)
		Casanova 1992 (93)(unpublished)
		Nollevaux 1990 (94) (unpublished)
		Casanova 1984 (95)
Prevention of influenza like syndrome	3	Rottey 1995 (96)
		Attina 1995 (97)



## 21) Prevention of migraine and headache

Outcome	N RCT	Based on studies
migraine	3	Brigo (1991) (98)
		Straumsheim (1997) (99)
		Whitmarsh (1997) (100)
Chronic Headache	1	Walach (1997) (101)

## 22) Post-operative ileus

Outcome	N RCT	Based on studies
Post-operative ileus	6	Castelin 1997 (102)
		Valero 1981 (103)
		Chevrel 1984 (104)
		Aulagnier 1985 (105)
		Grecho 1989 (106)
		Dorfman 1992 (107)

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